

# Trauma Alert

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## Trauma Alert

### **Cognitive Behavioral Therapy for Trauma (CBT-T)**

trauma; shutting down or becoming numb; having concentration problems; being irritable; or being overly alert or jumpy To see if CBT-T is the right plan, a provider will usually talk to the youth and caregiver and give them measures that identify potential traumas and ...

### **Trauma Checklist Adult - University of Washington**

Trauma Checklist Adult Trauma Checklist Adult NAME AGE SEX DATE Below is a list of traumatic events or situations Please mark YES if you have experienced or witnessed Being overly alert \_\_17 Being jumpy or easily startled Please mark YES or NO if the problems above interfered with the following: 1 Work No 6

### **Child Trauma Toolkit for Educators - Western Michigan ...**

- Share Trauma Facts for Educators with other teachers and school personnel This project was funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), US Department of Health and Human Services (HHS) Be alert to the possibility of misdiagnosis due to the many presentations of trauma-related anxiety For instance

### **Chest and Abdominal Trauma Case Studies Case #1**

Thoracic injuries are the second leading cause of trauma mortality occurring in 15-25% of all trauma-related deaths (about 12,000 per year in the US) Most deaths are secondary to heart and great vessel trauma causing exsanguinating hemorrhage and respiratory failure 2 Thoracic injuries are second only to head trauma in mortality rates

### **Coping with a Traumatic Event**

Responses to trauma can last for weeks to months before people start to feel normal again Most people report feeling better within three months after a traumatic event • Symptoms of increased arousal include being overly alert or easily startled, difficulty sleeping, irritability or outbursts of

anger, and lack of concentration Other

### **Child and Adolescent Trauma Screen-Caregiver (CATS-C)**

Child and Adolescent Trauma Screen-Caregiver (CATS-C) - 3-6 Years Name \_\_\_\_\_ Date \_\_\_\_\_ Stressful or scary events happen to many children Below is a list of stressful and scary events that sometimes happen Mark YES if it ...

### **WORKING WITH CLIENTS THAT HAVE EXPERIENCED ...**

stuck on alert, people impacted by trauma startle more easily, have trouble accurately reading faces and social cues, have difficulty sleeping and tend to avoid situations that increase stress The hippocampus (part of the limbic system which is involved in organising memories) is smaller in people who have experienced long-term trauma

### **Developmental Trauma Summary Sheet - Beacon House**

Jumpy, restless and alert, even when safe Difficulty knowing when they are hot/cold; Developme ta Trauma can be repaired with a holistic, 'bottom up' approach; with safe and sensitive relationships with adults being central Lying, stealing, hoarding Over-eating or under-eating Aggression or lethargy (often seen as laziness)

### **Repair of Early Trauma - Beacon House**

Developmental trauma can be repaired - if we get the order and type of support just right Attachment is adaptive The ideas described here are a holistic and whole life approach designed to help a child and their parent/carer to recover and repair from early trauma and disrupted attachment It is an approach based

### **PATIENT ASSESSMENT DEFINITIONS**

6- 4 ACRONYMS USED DURING PATIENT ASSESSMENT MOI - stands for mechanism of injury AVPU - used to classify the patient's mental status: • A = awake, alert, and oriented • V = alert to voice, but not oriented • P = alert to painful stimuli only • U = unresponsive to voice or painful stimuli CUPS - used as an additional tool to prioritize the patient for transport:

### **THE INTERNATIONAL TRAUMA QUESTIONNAIRE (ITQ) ...**

THE INTERNATIONAL TRAUMA QUESTIONNAIRE (ITQ) OVERVIEW: The attached instrument is a brief, simply-worded measure, focusing only on the core features of PTSD and CPTSD, and employs straightforward diagnostic rules The ITQ was developed to be consistent with the organizing principles

### **Burn Patient Management - Agency for Clinical Innovation**

associated trauma or concerns • Visit a local doctor if the burn is larger than the size of a 20c piece with blisters, or if there are any concerns about the burn Plastic cling wrap is an appropriate simple dressing for transferring patients with burn injuries to a specialist burns unit It protects against colonisation, excess fluid

### **SPLENECTOMY VACCINATION GUIDELINE - VUMC**

J Trauma 1998; 44:760-765 4 Shatz DV, Romero-Steiner S, Elie CM et al Antibody responses in postsplenectomy trauma patients receiving the 23-valent pneumococcal polysaccharide vaccine at 14 versus 28 days postoperatively J Trauma 2002; 53:1037- 1042 5 Rubin LG, Shaffner W Care of the asplenic patient New Engl J Med 2014;371(4): 349-56 6

### **COMBAT LIFESAVER / TACTICAL COMBAT CASUALTY CARE ...**

a It is important to realize that civilian trauma care in a non-tactical setting is dissimilar to trauma care in a combat environment TCCC and CLS are

an attempt to better prepare medical and non-medical personnel for the unique factors associated with combat trauma casualties b Historical data shows that 90% of combat wound

### **EMDR - Client Handout**

During EMDR treatment, you will remain in control, fully alert and wide-awake This is not a form of hypnosis and you can stop the process at any time Throughout the session, the researched method used in the treatment of trauma, (Details on [www.emdr-europe.org](http://www.emdr-europe.org) and [www.emdr.org](http://www.emdr.org)) and is recommended by the National Institute for Health and

### **Cerebral Performance Categories Scale CPC Scale**

Good cerebral performance: conscious, alert, able to work, might have mild neurologic or psychologic deficit CPC 2 Moderate cerebral disability: conscious, sufficient cerebral function for independent activities of daily life Able to work in sheltered environment CPC 3 Severe cerebral disability: conscious, dependent on others for

### **17-13 - United States Army**

mace-pocket-cards) Non-medical personnel utilize the alert, verbal, pain, unresponsive (AVPU) scale Hypothermia is a survivable cause of further injury and is defined as a whole body temperature below 95 F (35 C) Hypothermia, acidosis, and coagulopathy constitute the lethal triad in trauma patients

### **NIH Stroke Scale**

barrier, orotracheal trauma/bandages A 3 is scored only if the patient makes no movement (other than reflexive posturing) in response to noxious stimulation Scale Definition Level of Consciousness 0 Alert; keenly responsive 1 Not alert; but arousable by minor stimulation to obey, answer, or respond 2 Not alert; requires repeated

### **How to Plan for Workplace Emergencies and Evacuations**

in bodily harm and trauma How do you protect yourself, your employees, and your business? The best way is to prepare to respond to an emergency before it happens Few people can think clearly and logically in a crisis, so it is important to do so in advance, when you have time to be thorough Brainstorm the worst-case scenarios